



**October 2009  
Undergraduate Newsletter**

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**We want to know...**how are things going? With the fall semester well under way the advising staff wants to remind you that we are here to help you if you have any questions or concerns about any of your classes. We can offer tips, suggestions, and refer you to campus resources and services to help you deal with both academic and personal concerns.

We also want to help you plan for Spring registration. As crazy as it sounds, Spring registration is just around the corner (see Spring 2009 Registration Dates below). So call **970.491.3799** (between 7:45 a.m. – 4:45 p.m.) to schedule an appointment with a member of the advising team. Times fill quickly so call today.

**CONGRATULATIONS DR. CANETTO!**

Dr. Silvia Canetto, professor of counseling psychology and applied social psychology, has been named a Fellow by the Association for Psychological Science for her sustained and outstanding distinguished contributions to psychological science.

**To learn more** about what faculty, staff, students and alumni from the Department of Psychology are up to, be sure to check out the *department* newsletter at:

<http://www.colostate.edu/Depts/Psychology/newsletter.shtml>.

**Important Dates – Fall 2009**

**October 2 – Spring 2010 class schedule available online**

**October 12 – Registration Ready available on RAMweb**

**October 19 – Individual course withdrawal period ends (Please note that University withdrawal ends December 11, 2009)**

**October 19 – Repeat/Delete Requests due (last day)**

**November 23 – Fall Recess begins**

**December 11 – Classes end**

**December 11 – Last day to complete a University Withdrawal from all courses**

**December 14 – Final examinations week begins**

**December 18-19 – Commencement Ceremonies**

**ANNOUNCEMENTS/REMINDERS**

**Spring 2010 Registration Dates** ~ The Spring 2010 schedule will be available on RAMweb this Friday, October 2, 2009. "Registration Ready" will be available beginning Monday, October 12, 2009. Be sure to check on RAMweb to find your specific registration date and don't forget that you will need to complete "Registration Ready" before attempting to register.

October 26 – Professional and Graduate students

October 27 – Seniors

October 30 – Juniors

November 6 – Sophomores

November 13 – Freshmen



**Advising Holds** – As you complete "Registration Ready" for Spring registration, you may notice that you have an advising "Hold" on your account. The Department of Psychology has placed advising holds on the accounts of students who fall into the following categories:

- Are on Academic Probation. Academic probation is defined by a student's cumulative GPA being below a 2.0. If you are in this situation, we want to meet with you to discuss options for repairing your GPA ASAP.
- Are or will soon reach junior status. We want to meet with you to make sure you're on the right track to achieving on-time graduation.
- First semester Honors, Key Academic, Key Service, and Transfer students. We want to make sure you're connected with an academic advisor and we want to help you plan for next semester.

If you fall into any of these categories, please call 970.491.3799 (between 7:45 am – 4:45 pm) to schedule an advising appointment. Plenty of appointment times are available before spring registration begins but these slots fill quickly so call for an appointment today.

**Composition Placement/Challenge Examination Dates** ~ Proctored test session dates are below. Students don't need to sign up for a test session, just show up with a pen and a photo ID. It's best to show up 10-15 minutes early--testing will begin promptly!!

Thursday, October 22, 2009 – 4:00pm, Engineering 100

Wednesday, November 11, 2009 – 4:00pm, Clark A205

Thursday, November 19, 2009 – 4:00pm, Engineering 100

Thursday, December 3, 2009 – 4:00pm, Engineering 100

Thursday, January 14, 2010 – 4:00pm, Eddy 212

Students can check their placement on their homepage of RAMweb – under Records, select Composition Placement/Challenge Exam Results. If you have questions, please call Sue Russell at 491-1898 or email [Sue.Russell@colostate.edu](mailto:Sue.Russell@colostate.edu). More information about the exam is available online at <http://writing.colostate.edu/comp/placement.cfm>.

## FACULTY/STAFF CONNECTIONS



Recently we talked to **Dr. Zinta Byrne**, who is currently teaching PSY 340 and 370—Organizational Psychology and Measurement & Testing. We talked to her about her areas of interest in the field of Psychology and her path to CSU, why Measurement & Testing is a cool class, and her life outside of work. Here is what she shared with us.

**Dr. Byrne, what is the path you took to end up here on the Psychology faculty at CSU?** I was born in Canada, grew up in South Africa and the Netherlands, and ended up in college at Temple University in Pennsylvania. I transferred to Cal State Hayward in California as a junior, and took on a double major in Computer Science and Math. After graduating, I got a job at Hewlett-Packard in their research and development lab. I worked as a software development &

design engineer and manager for ten years. I discovered IO psychology there, as I often found myself interpreting between engineers and management, and seeing what IO psychologists did at HP. While working, I took classes to get the equivalent of an undergrad degree in psychology, which I knew would support getting into graduate schools for IO psychology. CSU was in the Top Ten of IO programs in the country, so I came here. I like the weather here, too—no humidity! After I graduated from the PhD program, I worked as a management consultant and regional manager for Personnel Decisions International. I joined the IO faculty in 2002.

**What are some of the things you are passionate about in the field?** I research computer-mediated communication, fairness in the workplace, and recently I've started studying employee engagement. Employee engagement isn't well defined, yet consultants claim they can save organizations millions of lost dollars by increasing engagement. It essentially has to do with getting employees to bring all of themselves to work, and keeping them "in the moment" while working. My current work in organizational fairness focuses on physiological reactions people might have when they think something isn't fair. I also research and consult on organizational culture and leadership practices. I'm currently working on a grant looking at how an older, energy-*inefficient* school in the Poudre School District was able to achieve better energy efficiency ratings than some of the newer, "greener" schools. In the grant, I focus on what organizational policies, culture changes, and leadership practices led to the behavioral changes of the people who use the buildings.

**PSY 370 or Measurement & Testing sounds so boring and not applicable to life! Why should students choose that as one of their three lecture-lab pairs?** Actually, I would say that Measurement & Testing (M&T) *does*, in fact, relate to everyday life! If you think about when you first meet someone, in the first instant of meeting that person, you size them up. It may not be a reliable test, but you are actually "measuring" them to see if you might want to get to know them, doing a little regression equation in your head. Also, consider all the tests that affect our lives: standardized testing in schools (like the CSAP) or the ACT, or tests that determine whether you get a job. We all assume that psychological measurement is precise, and we give these tests so much weight; but what if they're not good, or accurate, or reliable? M&T allows students to understand what is behind psychological measurement (like their multiple choice tests they take in class). You discern what precisely you're trying to measure, how to best measure it, what the results mean, who might use the information and for what purposes. Understanding what goes into a test helps you make smarter choices in your professional and personal life, and empowers you to get the right information. And of course it applies to psychology in so many ways. Anyone interested in psychology would benefit from such a class.

**What do you enjoy doing away from CSU? What is something students don't know about you?** I love to read—anything from business to vampire novels to mystery to non-fiction. I like movies too, especially action flicks! I really love photography and music. Recently I got a new digital camera and I've been taking photos of "my pet" hummingbird. Often I'll show my photography in my classes, and play music too. What they probably don't know about me is that I took hang-gliding lessons for a while and rebuilt a Triumph Spitfire automobile (very cool British sports car) in high school ☺

Thanks Dr. Byrne!

## NEWS FROM THE SCIENCE AND MATHEMATICS TUTORIAL HALL

**Do you need to place into MATH 117?** If so, the PassELM! Program may be for you. The College of Natural Sciences invites all Psychology majors needing assistance with the Entry-Level Mathematics (ELM) Tutorial to participate in this free program. The PassELM! Program offers super intensive study/review sessions designed to help students pass the ELM Tutorial's Prerequisite exam, earning a spot in MATH 117. Students in the program will meet one evening a week, 6:00- 8:30pm, for five weeks. To sign-up for the program email Allen Barclay at [tutorial@lamar.colostate.edu](mailto:tutorial@lamar.colostate.edu). In your email include your: Full name, CSU ID#, Email address, Phone number, What night works well for you (from 6-9pm).

**The College of Natural Science' Science and Mathematics Tutorial Hall** located in the Great Hall (second floor of the TILT Building on the Oval) offers **FREE tutoring** services Sunday – Thursday from 5 – 10 pm. Specific course tutoring times are posted under the current tutoring schedule. For more information visit: <http://www.natsci.colostate.edu/tutoring/index.cfm>.

## WRITING ASSISTANCE

**The Campus Writing Center** can help you with starting, drafting, revising, researching, and polishing your papers. While they will not proofread or edit a paper for you, they can help you develop your ideas and improve your paper's organization, clarity, and cohesion. The Writing Center is located in Willard O. Eddy Hall Room 6. For more information visit: <http://writing.colostate.edu/wcenter/>.

## RESEARCH ASSISTANTS NEEDED!!

Becoming a research assistant (RA) is a fantastic way to develop job and research skills, connect with faculty or graduate students in a small setting, build your resume, and is a critical component of a graduate school application. Plus, you can get academic credit for participating. Visit <http://www.colostate.edu/Depts/Psychology/ra.shtml> to see what options might be out there. Although the deadline for adding research credit to your fall schedule has already passed, you may still be able to participate as a volunteer or to get something in motion for next semester. **The following research opportunity is still available:**

**Project:** A National Science Foundation-sponsored study that investigates psychological and social factors in the educational and career choices of students and professionals in the science, technology, engineering, and math (STEM) disciplines. The study focuses in particular on students and professionals in Atmospheric and Geo Sciences. **Open RA positions:** 2. **Minimum requirements:** Students who are reliable, responsible, detail-oriented, organized, and self-motivated. GPA of 3.0 or greater and a background or strong interest in diversity studies (including gender, ethnicity, and international studies) are preferred. Being willing and able to participate in a one-hour Monday lab meeting is also a plus. **Contact:** Lauren Lessner or Dr. Silvia Sara Canetto, [laurenlessner@yahoo.com](mailto:laurenlessner@yahoo.com) or [silvia.canetto@gmail.com](mailto:silvia.canetto@gmail.com), Office: Clark C49, Phone: 491-5415

## FIELD PLACEMENT/INTERNSHIP OPPORTUNITIES

Field Placement/Internships can be a great way to earn upper division academic credit for volunteering in the community and may help to confirm/clarify your areas of interest. Some field placement opportunities have turned into full-time employment post-graduation. They offer great opportunities to network, earn letters of recommendation, and to gain resume experience.

**The organization listed below has several positions available for Spring 2010. Contact them for more information.**

Please come talk with advisors about other opportunities for Spring 2010.

**Turning Point** ~ Applicants are being considered for spring 2010, which starts in mid January. Turning Point is a treatment center for high-risk adolescents with drug and alcohol and criminal conduct issues. In order to accommodate interest there are Orientation/Interview opportunities to learn about our programs and what an internship involves. Time for group interviews is built into the process. Please note that there is limited seating in each orientation session so please **reserve your seat** as soon as possible.

Some basic information that may be helpful to you:

- The minimum age requirement is 20 with a preference for 21 years or older.
- A minimum commitment of 200 hours spread over a 15 week period is required. Internships are not paid positions.
- Perspective interns must be able to pass both a drug screen and fingerprint background check.
- Do not wait until the last minute as positions fill quickly.

The format for the Orientation/Interview meeting is as follows:

- The first hour will be informational, a time to ask questions.
- The second hour will be spent doing group interviews (2 half hour sessions) with those who are interested in a placement.

Please call or email Gwen Bell, 970-221-0550 extension 102, [gbell@turningpnt.org](mailto:gbell@turningpnt.org) to reserve a place for one of the following dates/times:

Thursday, October 29, 2009 from 5:30 pm-7:30 pm at 614 South Mathews

Wednesday, November 4, 2009 from 5:30 pm-7:30 pm at 614 South Mathews

Friday, November 13, 2009 from 10:00 am – 12:00 pm at 614 South Mathews

Thursday, November 19, 2009 from 5:30 pm-7:30 pm at 614 South Mathews

Location: Turning Point Training Center and Female Residential Program at 614 South Mathews. The Training Center is located in the basement of the female residential program. There is no signage on the building. From the intersection of College and Laurel you travel 2 blocks east (away from the mountains) on Laurel and turn left (north) onto Mathews. The building is located on the east side of the street in the middle of the block. It is a 2-story white brick building with a long front porch and 2 green front doors. Entrance to the basement is through the north stairwell. You will find 2 classrooms. Please do not go in the main entrance as this is the treatment facility.

## EMPLOYMENT/VOLUNTEER OPPORTUNITIES

### ● Drop in Career Counseling with Judy Brobst, Career Center Liaison, College of Natural Sciences

Mondays – Lory Student Center 8:30 am – 12:30 pm room 116

Thursdays – Clark C-10 1:30 – 4:30 pm

Services offered: Internships & volunteer experiences, resume development, choosing/changing majors, graduate school, on-line assessments, job search skills, etc. To set up an appointment contact Judy at [judy.brobst@colostate.edu](mailto:judy.brobst@colostate.edu) or 970-491-1190. General walk in hours in the Lory Student Center for the Career Center are Monday – Friday from 8:30 – 4:30.

## EMPLOYMENT/VOLUNTEER OPPORTUNITIES (CONTINUED)

- Are you active in volunteer, research, internship, and fieldwork experiences? If so, you may be eligible for an AmeriCorps Education Award through the UCAN Serve Program. Financial need and grade point average are *not* criteria for these scholarships; commitment to service is! A student involved in any of the following activities may be eligible:
  - Tutoring/mentoring/student teaching K-12 students.
  - Participating in service-learning activities.
  - Practicum, research, or internship experiences that fit in the global categories of community strengthening, public health and safety, and/or education.

Scholarship awards for service hours range from \$1000 - \$1250 for 300 – 450 hours of service. The awards can be used to pay for tuition, make payments on existing student loans, or be saved for up to seven years for use in graduate school or continuing education in the future. Further information and the AmeriCorps application form can be obtained at: <http://www.slice.colostate.edu/ameriCorps.aspx>.

## PSI CHI & PSA NEWS



The Psi Chi and the Psychology Student Alliance office has MOVED to Clark C-32 (basement). Come check out our new space and find out what else we have going on! The following upcoming events may be of interest to every psychology major.

- Psi Chi & PSA member meeting: Thursday, October 1st at 5 pm in Clark C-72 (basement).
- Are you thinking about applying to graduate school? Come get tips on how you can get ahead of the game and learn what admissions boards are looking for! Laura Chavez from the Chicago School of Professional Psychology will be joining us on Monday, October 5th at 5 pm in Clark C-72 (basement) to talk about the graduate school application process.
- We are participating in Cans Around The Oval! Join us in supporting the Larimer County Food Bank by collecting and dropping off non-perishable food (cans and dry goods) to help feed those who are in need during these difficult economic times. Drop off your donations at the Psi Chi/PSA Office, Clark C-32 by October 13th.
- Join Psi Chi and PSA as we support RamRide on October 17th. For more information stop by the Psi Chi/PSA Office.
- We will be volunteering for Treatsylvania the weekend of October 24th. Come dress up in your best costume and hand candy out to local kids. More information about this will be sent out by Psi Chi/PSA soon!

## GRADUATE STUDY IN HONG KONG

Have you ever considering completing graduate studies in another country?

The Chinese University of Hong Kong has a special well-funded scholarship for graduate students interested in doctoral programs in Hong Kong. The Hong Kong PhD Fellowship Scheme aims to attract outstanding students from around the world (including those from Hong Kong and Mainland China) to pursue PhD degrees in Hong Kong. The Fellowship provides an annual stipend of HK\$240,000 (approximately US\$30,000) and a conference and research-related travel allowance of HK\$10,000 (approximately US\$1,300) per year for a maximum period of three years. Because of the history of being a British colony, English is spoken. For more information visit: <http://www.rgc.edu.hk/hkphd/>. The application deadline is December 1, 2009.

## CAMPUS/COMMUNITY EVENTS

October is Domestic Violence Awareness month. The Larimer County Domestic Abuse Intervention Project (DAIP) is sponsoring a community education film series in Fort Collins, Loveland and Estes Park.



The three films being shown as a part of this series are:

- October 1st: Tough Guise
- October 8th: Killing Us Softly 3
- October 15th: Wings Like a Dove

Films will be shown at 7pm at Everyday Joe's Coffee House located at 144 S. Mason in Fort Collins.

There will be a panel of professionals available to facilitate a discussion following each film. Representatives from the Probation Department, a local DV Treatment agency, and a local Victim Advocacy agency will be available following the film presentations. The event is FREE and open to the community. Please drop in and support us in raising awareness of domestic violence issues.

## MORE CAMPUS/COMMUNITY EVENTS

### Exploring Majors Fair – Wednesday, October 7th from 11am-2pm in the Lory Student Center- North Ballroom

Discover all that CSU has to offer. Preview more than 65 majors from 8 colleges and speak directly with a representative from each college. You will also have the opportunity to talk to advisors, check out the Exploration Lounge, and attend a "briefing" on Major Exploration, Health Professions, & Business Careers. See you there!

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**TILT Learning Programs Academic Skills Workshops** – Do you want to learn how to be a more successful student while also having fun? If so, join TILT's *Learning Programs* in room 105 of the TILT Building for **FREE** workshops on things such as: Time Management, Taking Great Notes, and much, much more. Upcoming workshops include:

**Making the Grade: Test-taking Strategies** ~ Oct. 5 at 10:30am, Oct. 6 at 2pm, and Oct. 7 at 5pm. Learn tips and strategies for doing your best on exams. We'll cover all types of exam formats: multiple choice, t/f, short answer, and essay. We'll give you preparation tips for test day that will help ease test anxiety and allow you to do your best!

**Getting In to Graduate School** – Oct. 12 at 11am. Learn how to navigate the sometimes complex process of applying to graduate school.

**Academic Recovery** – Oct. 23 at 10am. If midterms didn't or don't go as well as you planned, and you're not sure what you're doing wrong in your academics, come to this workshop! We'll take a look at study strategies that you may have been using that aren't working, talk about new strategies, and create a plan for how to do better for the rest of the semester.

All workshops last 50 minutes, and snacks will be provided. For a complete list of all workshops coming up visit: <http://tilt.colostate.edu/learning/>. If you have questions about these workshops, please contact Heather Landers at [heather.landiers@colostate.edu](mailto:heather.landiers@colostate.edu) or 491-1324.

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**Did you know that** 1.2 billion people (1/5 of the world's population) live on less than \$1 per day? Or that 842 million people suffer from chronic hunger and that 30,000 children die each day from hunger and preventable diseases? According to Oxfam America ([www.oxfamamerica.org](http://www.oxfamamerica.org)) the root cause of hunger is an inequality of food distribution, not a lack of food.

**Join us for the 5th Annual CSU Hunger Banquet on Thursday, October 15th at 6:00 pm in Parmelee Dining Hall** to explore the causes of world hunger and learn how to make a difference in the fight against poverty, through experiencing an interactive meal that powerfully depicts global economic stratification.

Students, faculty, staff and community members are invited to attend. **Attendance is limited and the deadline for purchasing tickets is Monday, October 12th.** The cost is only one meal card swipe at any dining center location for those with an on-campus meal plan. Tickets will be on sale from September 28th through October 12th. For those without an on-campus meal plan, the cost is \$6 to participate. Cash or checks can be received at the Palmer Center. Credit cards will be also be accepted at the Palmer Center Dining Services Office or by phone at 970-491-4714. All proceeds will go to Oxfam America. For more information, please contact Shauna DeLuca at [shauna.deluca@colostate.edu](mailto:shauna.deluca@colostate.edu) or 970-491-5917, or International Education by email at [intled@colostate.edu](mailto:intled@colostate.edu).

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**FREE GRE Practice Exam Info** – Take a Free Practice MCAT, LSAT, GMAT or GRE at Colorado State University! Join The Princeton Review for Test Fest on **October 17, 2009** and kick off your MCAT, LSAT, GMAT or GRE prep with a FREE practice test. Try your hand at the type of questions you'll face on the actual exam, sharpen your testing skills, and build confidence.

⇒ LSAT: 9 AM – 12:30 PM    ⇒ MCAT: 9 AM – 2 PM    ⇒ **GRE: 3 PM – 5:30 PM**    ⇒ GMAT: 3 PM – 7 PM

The Princeton Review's Boulder office will also have a Scores Back Session on Oct. 26th and 27th where you can receive a personalized analysis of how you did on each section of the test. **To reserve your spot** or for more visit: [www.PrincetonReview.com/GradTestFest](http://www.PrincetonReview.com/GradTestFest) or call at 800-2Review (800-273-8439). **Space is limited so register today!**

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**The Counseling and Career Development (CCD) Program at CSU** prepares future counselors and is seeking client volunteers for fall semester. **Counseling is free of charge.** Areas for counseling could include, but are not limited to:

- Career Concerns
- Relationships
- Stress and Time Management
- Academic Concerns
- Loss, Adjustment, Transition
- Handling Anger, Guilt, and Other Emotions

If you or someone you know has a concern in one of these areas or in a related area, we encourage you to take advantage of this opportunity through the CCD program. The information discussed during sessions will be kept confidential, except for issues such as harm to self and others and abuse and/or neglect.

Sessions will be video and/or audio taped and viewed for supervision purposes. The tapes will be kept in a confidential place and will be erased at the end of the semester. Practicum students are supervised by counseling and career development faculty and Ph.D. students. Counseling takes place in Rooms 16, 16A, or 18 Education Building. To request services, please visit the following link and fill out the on-line form: <http://www.so.e.caahs.colostate.edu/Graduate/MEd/CCD/Talk/Default.aspx>.