



**August 2009  
Undergraduate Newsletter**

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**Welcome Back!!**

We hope you had a great summer and that you are excited about starting a new semester. As a Psychology major, you will be receiving this newsletter once a month to keep you informed and aware of important dates and opportunities you may want to take advantage of. We look forward to working with you one-on-one in the weeks ahead so be sure to schedule an advising appointment soon.

**To learn more** about what faculty, staff, students and alumni from the Department of Psychology are up to, be sure to check out the *department* newsletter at:

<http://www.colostate.edu/Depts/Psychology/newsletter.shtml>.

**ADVISING APPOINTMENTS**

As the Fall semester gets underway, the advising staff would like to remind students that it's never too early to schedule an academic advising appointment. We encourage you to call **970.491.3799** (between 7:45 a.m. – 4:45 p.m.) to schedule an appointment. Times fill quickly, so call today.

**Important Dates – Fall 2009**

August 24 – Classes begin  
September 2 – Student Involvement Fair/Expo – (LSC Plaza – 10am-3pm)  
September 7 – Labor Day – No classes  
September 9 – Last day to Add/Drop (most classes – check class schedule for individual course deadlines)  
September 15-17 – Career Fair (LSC Main Ballroom – 10am-3pm)  
September 18 – Graduation Contracts due  
September 25 – Study Abroad Fair (LSC Main Ballroom – 10am-3pm)  
October 19 – Individual course withdrawal period ends (Please note that University withdrawal ends December 11, 2008)  
October 19 – Repeat/Delete Requests due (last day)  
November 23 – Fall Recess begins  
December 11 – Classes end  
December 11 – Last day to complete a University Withdrawal from all courses  
December 14 – Final examinations week begins  
December 18-19 – Commencement Ceremonies

**ANNOUNCEMENTS/REMINDERS**

**Walk-In Advising Hours**

Do you have a QUICK QUESTION for the academic advising staff? If so, here are the walk-in hours available for THE FIRST WEEK OF SCHOOL ONLY:

Monday, August 24

D. Tobiassen Baitinger (C-24 Clark) – 8:00 – 9:30 a.m. AND 11:30 – 2:00 p.m.  
Becky Villalpando (C-14 Clark) – 8:00 – 11:30 a.m. AND 12:00 – 2:00 p.m.  
Heather Matthews (C-13 Clark) – 8:30 a.m. – 12:00 p.m. AND 1:00 – 2:00 p.m.

Tuesday, August 25

D. Tobiassen Baitinger (C-24 Clark) – 8:30 – 11:00 a.m. AND 2:15 – 4:00 p.m.  
Becky Villalpando (C-14 Clark) – 8:00 – 9:00 a.m. AND 2:30 – 3:00 p.m.  
Heather Matthews (C-13 Clark) – 8:30 – 10:30 a.m. AND 3:00 – 4:00 p.m.

The walk-in times are intended for questions that take 10 minutes or less. If you would like to schedule an academic advising appointment to address more broad issues, please call 970.491.3799 between 7:45 am - 4:45 pm. We do have availability for appointments during the first week of classes and would be happy to see you.

**FALL 2009 Graduating Seniors ~ you're invited to the Psychology Graduation Orientation on Monday, August 24 (1st day of classes) from 3:00 – 4:00 p.m. in C-72 Clark.**

What's the agenda?

- Career Center resources (it's time for the job hunt or grad school application process)
- Tips from Student Financial Services (what you need to know about repaying student loans)
- Review and sign your graduation contract

Why should you attend? Because...

- We'll feed you (celebratory cake, of course!)
- There's a chance to win free regalia for the graduation ceremony (must be present to win)
- Check something off of your to-do list: Review & sign your graduation contract

If you are unable to attend the Graduation Orientation, please come to C-36 **starting Tuesday, August 25<sup>th</sup>** to sign your **GRADUATION CONTRACT**. That is your last double check to make sure that you're taking the right courses and number of credits to graduate in December 2009. Grad contracts for seniors graduating at the end of Spring will not be available until January.

**Are you currently registered for BMS 300?** As you know, that's a particularly challenging class for many psychology students. During our advising meetings, most (if not all) of you received advice to take BMS 200 along with BMS 300. During spring registration, BMS 200 was not on RAMweb. This summer, the Biomedical Sciences Department put four sections of BMS 200 on RAMweb for Fall 2009. BMS 200 is a 1 credit optional course.

**We strongly recommend that you take BMS 200 (an optional course) concurrently with BMS 300.** Students have told us everything from "it's what helped me pass BMS 300" to "it helped me secure an A in BMS 300". Please logon to RAMweb and add BMS 200 to your schedule. Many of you will simply be able to add this to your schedule. Others may have to adjust your current schedule to make room for BMS 200. Please keep in mind that if you drop a class that's full, it's likely that your seat will be grabbed immediately by another student. (In other words, don't drop a course hoping to get an override into another section to make this work.)

## (MORE ANNOUNCEMENTS/REMINDERS)

**Overrides into Full Courses** – can only be granted by the course instructor so contact them directly to request an "enrollment limit override". Some faculty have the flexibility to grant this; others do not. If no instructor is listed, contact the department from which that course is offered (English Department for CO 300, for instance).

**Statistics Courses** – overrides into STAT 350 will only be given to graduating seniors *as space allows*. However, there may be other options. If you are having trouble satisfying the statistics requirement for Psychology majors, come talk with an advisor immediately.

**Degree Audits Now Available on RAMweb** - We encourage you to complete a degree audit to track your progress toward graduation requirements. Go to your RAMweb homepage. Under "Records", select "My Undergraduate Degree Plan (DARS)". Then hit "run audit". After a minute or two, select "View Submitted Audits".

**Special Add/Drop Deadlines** – While the regular schedule change period (add/drop) ends on September 9, 2009, the deadline to add/drop some courses is different. For instance, the last day to add many of the math courses is August 30, 2009, and the last day to drop CO 150 is August 27, 2009. **ALWAYS check the class schedule** to verify registration deadlines for each of your classes and follow up with your instructor, the Registrar's Office, or your academic advisor if you have questions.

## PSYCHOLOGY COURSES FOR FALL 2009

**Great Psychology Course Options for Fall 2009** - If you're still looking for an interesting Psychology course to take this semester, the following courses still have seats available and may be just what you're looking for! Check them out on the Fall class schedule!!

**PSY 354 – Human-Computer Interaction** (3 Credit Hours) - Theoretical and applied areas of psychology and computer science in the area of human-computer interaction. Students in this course will investigate the interaction between man and machine. Obvious things like interface design will be addressed but also less obvious things like the role and implications of the internet and applications. For example Social Networking sites, Searching, and internet as global consciousness. There will be 3 in class exams and an out of class assignment. Site visits may also be arranged. **Meets:** Tuesdays and Thursdays 11:00 am-12:15 pm.

**Prerequisites:** PSY 100; PSY 250; PSY 252 – prerequisite overrides may be given by instructor and psychology advisors.

**PSY 392 – Honors Seminar: Current Topics in Psychology** – Overrides into this course are being given to students with a 3.5 or higher GPA who have also taken PSY 100 and PSY 250. In this class students will research areas in psychology, and read and discuss current journal articles. Contact a Psychology Advisor for a possible override. **Meets:** Mondays 12:00 – 1:40 p.m.

★ **New** ★ **PSY 492D (section 001) – Seminar – Industrial Organizational Psychology** (2 Credit Hours) – Are you interested in Occupational Health Psychology (OHP)? OHP is an interdisciplinary field that focuses on the promotion of wellness and the prevention of injuries and illnesses in the workplace. If so, consider this class. This course will introduce students to the field of occupational health psychology and will include lecture, discussions, and interactive activities. Topics covered in the class will include: Healthy People 2010, Occupational Health Disparities, Research Methods in OHP, Individual and organizational stress management, Counterproductive behaviors, and Work and life balance. **Meets:** Tuesdays and Thursdays from 12:30 – 1:45 p.m.

**Prerequisites:** PSY 100.

**Seats are also still available in** the following courses (please see class schedule for meeting times and prerequisite information):

**PSY 340 / 341 – Organizational Psychology / Lab**

**PSY 352 – Learning and Memory**

**PSY 370 / 371 – Psychological Measurement and Testing / Lab**

**PSY 452 – Cognitive Psychology**

**PSY 454 / 455 – Biological Psychology / Lab**

**PSY 456 / 457 - Sensation and Perception / Lab**

## NEWS FROM THE SCIENCE AND MATHEMATICS TUTORIAL HALL

**Do you need to place into MATH 117?** If so, the PassELM! Program may be for you. The College of Natural Sciences invites all Psychology majors needing assistance with the Entry-Level Mathematics (ELM) Tutorial to participate in this free program. The PassELM! Program offers super intensive study/review sessions designed to help students pass the ELM Tutorial's Prerequisite exam, earning a spot in MATH 117. Starting the second week of classes in the fall, students in the program will meet one evening a week, 6:00- 8:30pm, for five weeks. To sign-up for the program visit:

<http://www.natsci.colostate.edu/retention/elm/> or for more information contact: Allen Barclay at 970-491-5365 or e-mail [tutorial@lamar.colostate.edu](mailto:tutorial@lamar.colostate.edu).

**The Science and Mathematics Tutorial Hall HAS MOVED!!** The College of Natural Sciences' Science and Mathematics Tutorial Hall is now located in the **TILT Building** (Formally Music Bldg) located on the **Oval**. The Tutorial Hall is in the **Great Hall** (second floor). They will continue to provide the same great **FREE TUTORING** services during the same hours as before; Sunday – Thursday, 5 – 10 pm only in a new and better location! **The tutorial hall will open the second week of classes of the fall term.** Specific course tutoring times are posted under the current tutoring schedule. For more information (and to see a Great Hall photo) visit: <http://www.natsci.colostate.edu/tutoring/index.cfm>.

## FIELD PLACEMENT/INTERNSHIP OPPORTUNITIES

Field Placement/Internships can be a great way to earn upper division academic credit for volunteering in the community and may help to confirm/clarify your areas of interest. Some field placement opportunities have turned into full-time employment post-graduation. They offer great opportunities to network, earn letters of recommendation, and to gain resume experience. **The organization listed below has a position available for Fall 2009. Contact them for more information.**

- ❖ **TEAM Fort Collins** is a local nonprofit organization working to prevent alcohol and drug use and abuse among youth and their families. All of our prevention programs and strategies are grant funded and range from classroom curricula to organizing alcohol retailers to implementing a social norms approach to address underage drinking. TEAM Fort Collins has been operating in the Fort Collins community for 20 years and is currently seeking a research assistant. The research assistant will report directly to the Research and Evaluation Specialist. Applicant requirements, job responsibilities, etc. are as follows:

Field Placement Application Requirements:

- Minimum junior status
- Minimum of 3.0 GPA
- Completion of PSY 250
- Knowledge of PsychLIT a plus
- Knowledge of SPSS a plus
- Interest in substance use issues a plus

Field Placement Responsibilities will include but are not limited to the following:

- Enter data from student surveys
- Work closely with Research and Evaluation Specialist to analyze program effects
- Write up report to communicate program effects to other TEAM Fort Collins staff
- Attend project planning meetings with local schools
- Attend monthly TEAM Fort Collins Board of Directors meetings
- Literature review on specified prevention strategies and issues
- Other opportunities may exist (survey development, classroom teaching, etc.)

TEAM Fort Collins is an equal opportunity employer. The work environment is casual and hours are flexible. Candidate should have his/her own computer. Work space is available and some work may be done from home. **This is a two-semester, 10 hr/wk position.** Please send resume or vitae to [dawn@teamfortcollins.org](mailto:dawn@teamfortcollins.org).

## EMPLOYMENT/VOLUNTEER OPPORTUNITIES

**Drop in Career Counseling with Judy Brobst**, Career Center Liaison, College of Natural Sciences

Mondays – Lory Student Center 8:30 am – 12:30 pm room 116 (starting 1<sup>st</sup> week of classes)

Thursdays – Clark C-10 1:30 – 4:30 pm (starting September 24<sup>th</sup>)

Services offered: Internships & volunteer experiences, resume development, choosing/changing majors, graduate school, on-line assessments, job search skills, etc. To set up an appointment contact Judy at [judy.brobst@colostate.edu](mailto:judy.brobst@colostate.edu) or 970-491-1190. General walk in hours in the Lory Student Center for the Career Center are Monday – Friday from 8:30 – 4:30.

## PSI CHI & PSA NEWS



**Psi Chi and the Psychology Student Alliance welcome you all back to school!** For those of you who do not know very much about our organization let us fill you in.

Psi Chi is the nationally recognized honor society in psychology. The Psychology Student Alliance is a group of students who are not yet qualified for membership into Psi Chi but still wish to become involved in our amazing organization. Collectively, we are a group of students interested in psychology who are committed to scholarly excellence in psychology and community service in Fort Collins and beyond. Thus, we aim to provide our members with professional development opportunities so that they can be competitive when applying to graduate school or finding a job after graduation. We invite psychological speakers from around the country to talk to our members about psychological topics and we serve our community in many ways. Without the participation of our extraordinary members, we could not function. We hold regularly scheduled meetings and everyone is invited.

If you are interested in joining our organization and becoming involved, please stop by Clark C-10A for information on how to apply. We look forward to meeting all of you and hope that you will join us in the very near and exciting future!

-Psi Chi/PSA Officers

## CAMPUS EVENTS

Kaplan will be on CSU's campus on Saturday, September 26th to offer **FREE practices exams** for the **GRE**, MCAT, LSAT and PCAT. The specifics are:

GRE: 9:30 AM-11:30 AM Engineering 100

MCAT: 9 AM-1 PM Glover 130

LSAT: 9 AM-1 PM Engineering 120

PCAT: 9:30 AM-12 PM Engineering B101

Students should **save their seat** at [www.kaptest.com/practice](http://www.kaptest.com/practice) or by e-mailing [Rebecca.Mishkin@Kaplan.com](mailto:Rebecca.Mishkin@Kaplan.com) with your contact information including; phone, address, graduation year and test of interest.

## MORE CAMPUS EVENTS

### TILT Learning Programs Academic Skills Workshops

Do you want to learn strategies for being a more successful student while also having fun? If so, join TILT's *Learning Programs* in room 105 of the TILT Building for any of the workshops listed below. All workshops are **FREE**, last 50 minutes, and snacks will be provided. If you have questions about these workshops, please contact Heather Landers at [heather.landiers@colostate.edu](mailto:heather.landiers@colostate.edu) or 491-1324.

#### **Make the Most of Your Time: Time Management in College**

What you'll learn...

- How to be more productive!
- Personal strategies for managing your time
- How to tackle everyday tasks based on your larger goals

**When: Tues. 9/1 at 11 AM or Wed. 9/2 at 2:30 PM**

#### **Taking Great Notes**

Learn specific note-taking strategies that can significantly cut the amount of time you spend studying for exams

**When: Wed. 9/2 at 7 PM or Thurs. 9/3 at 2 PM**

#### **Presentation and Speaking Skills**

What you'll learn...

- Ways to manage nervousness
- How to "WOW" your audience
- Successful in-class presentation tips
- Job interview skills

**When: Tues. 9/8 at 11 AM**

#### **Critical Reading Techniques**

From textbooks to scholarly articles—tips and techniques on how to read and extrapolate critical information

**When: Wed. 9/9 at 11 AM or Mon. 9/14 at 7 PM**

#### **Memory & Concentration**

What you'll learn...

- Information-recall tricks
- How to maximize your memory's ability to remember critical information

**When: Wed. 9/16 at 10:30 AM or Thurs. 9/17 at 4 PM**

#### **Avoiding Unintentional Cheating**

What you'll learn...

- How to avoid the suspicion of cheating
- You might be surprised at what constitutes academic misconduct!
- Come find out what they are!

**When: Thurs. 9/24 at 10:30 AM**