

4-H: The Key to Your Future

Tuesday, June 24

1:30 p.m. CONTESTS:

Parliamentary Procedure: 1:00 - 3:00 p.m.

1:30 p.m. CONTESTS:

Hippology: 1:30 - 5:00 p.m.

Wednesday, June 25

7:30 a.m. CONTESTS:

Horse Judging Contest: 7:30 - 3:00 p.m.

Livestock Judging Contest: 7:30 - 5:00 p.m.

8:00 a.m. CONTESTS:

Consumer Choices: 8:00 - 11:30 a.m.

Hippology: 8:00 - 11:30 a.m.

Prepared Speech Contest: 8:00 - 11:30 a.m.

9:00 - 11:00 a.m. WORKSHOPS

- A. **4-H 101: A Winning Parli-Pro Method** - April Mendenhall, Autumn Sheridan and Beth Sanfillipo, Collegiate 4-H members

Is your club having trouble with Parli-Pro? Are you confused about the procedures of a meeting? We can help! Join us for the 4-H 101 Parli-Pro workshop and develop your meeting and organizational skills.

- B. **CSU Experience** - Sue Hendrickson

Intended Audience: Youth Did you know... Did you know... NO! Well, come find out interesting and useful information about the CSU Admission process, CSU student life and experience some of what CSU has to offer!

- C. **Exploring a Major in Design or Merchandising** - Kendra Allen, Coordinator of Advising

Intended Audience: Youth Interested in pursuing a degree in design or merchandising? Learn what it takes to major in apparel and merchandising or interior design at Colorado State University.

Limit: 64

- D. **Haven't I Seen You Somewhere Before?** - Bob Salzer and Steve Cramer

An important part of 4-H is just making new friends. Join in the fun of sharing old and new ice breaker activities used in getting to know each other in a friendly and fun environment. An acquaintance is fun but a friend is forever. Come and make a new friend today!

- E. **Investing 101** - Vickie Bajtelsmit, Professor and Department Chair, and Susan Athey, Associate Dean for the College of Business

Intended Audience: Youth Learn the basics of how the stock market works and how you can become an investor. Hands-on exercises and games will be used to illustrate key points. Tour the College of Business and learn about career options for business majors. **Limit: 35**

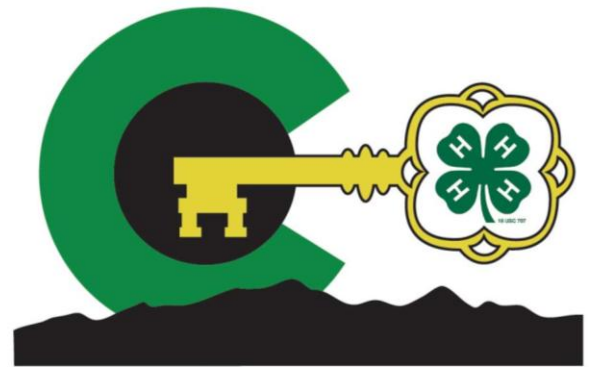
- F. **Promoting 4-H Through Graphic and Video Media** - Adam Goss and Maggie Weinroth

In today's world, video production has become not only fun and rewarding, but easy enough to do on a home computer. This workshop will outline the basics for making a promotional video program/commercial and then allow the attendees the opportunity to make a video of their own.

Limit: 30

- G. **Tour of Vet Teaching Hospital** - Student Tour Guides

Intended Audience: Anyone over 14 Interested in becoming a Vet? Come see the Vet Teaching Hospital (VTH) **Limit: 20**



Colorado State 4-H Conference
June 23-27, 2008

H. **Women in Technology** - Kimmy Ivy, Operations Manager & Best Buy Employees

Women! Have you ever been interested in a career working with electronics? Come meet women who work in retail and repair fields all based around technology. We'll introduce you to the work available and what it takes to be successful.

1:00 p.m. CONTESTS:

Consumer Bowl: 1:00 - 3:00 p.m.

Horse Judging Reasons: 1:00 - 3:00 p.m.

Impromptu Speech Contest: 1:00 - 5:00 p.m.

Livestock Judging Reasons: 1:00 - 5:00 p.m.

1:00 - 3:00 p. m. WORKSHOPS

I. **4-H 101: A Winning Parli-Pro Method** - April Mendenhall, Autumn Sheridan and Beth Sanfillipo

Intended Audience: Youth Is your club having trouble with Parli-Pro? Are you confused about the procedures of a meeting? We can help! Join us for the 4-H 101 Parli-Pro workshop and develop your meeting and organizational skills.

J. **CSU Experience** - Sue Hendrickson

Intended Audience: Youth Did you know CSU is a land-grant university? Did you know CAM the ram is named after Colorado Agricultural and Mechanical College? NO! Well, come find out interesting and useful information about the CSU Admission process, CSU Student Life and experience some of what CSU has to offer!

K. **Dust'em and Bust'em – Crime Scene Investigation** – Brenda Kwang, Holli Bowman and Caroline Smith

For the super sleuth you always knew was inside you, take the time to challenge him. Come to test your skills as a modern day Sherlock Holmes and be an investigator to solve the crimes of the State 4-H Conference. **Limit: 25**

L. **The Fast and Furious Side of Animal Nutrition** - Kelly Synder, Ranch-Way Show Feeds Specialist and Rachel Knorr, Ranch-Way Equine and Pet Feed Specialist

Find out how proper nutrition can help put your animal in the winner's circle. Learn how to identify the different grains and forages. Play games, win prizes and walk away more knowledge about your 4-H project. Species covered: Cattle, lambs, hogs, goats and horses.

M. **Interviewing Techniques/Putting 4-H on your Resume** - Mary Wolf and Amanda Maes, Hiring and Training Coordinators

Intended Audience: Youth Learn how to build rapport, overcome objections and emphasize your 4-H skills to motivate the interviewer to hire you.

N. **Measuring Changes in Brain Maturation and Function in Adolescents** - William Gavin, Ph. D. and Patricia Davies, Ph. D., OTR

This workshop will inform participants of how brain maturation is studied in children and adolescents. Emphasis will be given to our work that provides evidence for the continued development of cognitive abilities throughout adolescence. This evidence is obtained by measuring the electrical activity of brains while performing simple decision making tasks.

O. **Student Leadership Training** - Laurie Stewart

Intended Audience: Youth Laurie will help you develop your own leadership skills while learning to understand different leadership styles. She'll focus on team building and group cohesiveness to transform your club into a successful organization.

1:00 - 4:00 p. m. WORKSHOPS

P. **CSU Challenge Ropes Course** - Ray Aberle

Explore personal strengths, develop community and have an adventure filled time on the Challenges Ropes Course. **Limit: 35. Additional Cost: \$17**

Thursday, June 26

7:30 a.m. CONTESTS:

Horse Bowl Contest: 7:30 - 11:30 a.m.

Livestock Bowl Contest: 7:30 - 11:30 a.m.

8:00 a.m. CONTESTS:

Horse Demonstration and Public Speaking Contests: 8:30 - 11:30 a.m.

8:00 - 10:00 a. m. WORKSHOPS

1. **4-H Science for All Ages and in All Settings** - Becky Brasby, Ryan Dreitz, Adam Goss, Hayley McMinn, Zane McMinn - Morgan County 4-H members; Leah Thomas, 4-H Scholar; Janice Dixon, Extension Agent, 4-H/Youth

Have Fun! Do hands-on science! Learn a simple way to get youth and adults excited about science processes. Do science activities that you can share at 4-H club meetings, in-school, after school, summer programs and in partnership with other organizations.

2. **Ace In The Hole** - District 3 Senate Members

Intended Audience: Youth Come find out new ways to get your group acquainted and working even better together through card games. You will go home from this workshop with fun, active activities and games to do with your club or council that can give teamwork a priority.

3. **ARDEC America!!!** - ARDEC Employee

We will be touring the Agricultural Research, Development and Education Center (ARDEC). This tour will include both livestock and crop enterprises. **Limit: 40**

4. **Colorado Water Quality Workshop** - ARDEC Employee

This workshop will introduce students to basic concepts of ground and surface water quality through a series of 'hands-on' field and laboratory exercises. Participants will sample and analyze surface and groundwater and utilize groundwater models to understand groundwater flow and potential sources of contamination.

5. **CSU Experience** - Sue Hendrickson

Intended Audience: Youth Did you know... Did you know... NO! Well, come find out interesting and useful information about the CSU Admission process, CSU student life and experience some of what CSU has to offer!

6. **Involving Non-Traditional Parents to Strengthen 4-H** - Jan Miller-Heyl

Intended Audience: Youth and Adult This workshop will be interactive and focus on involving parents and especially non-traditional parents such as grandparents and immigrant or parents in sociocentric cultures in 4-H.

7. **Interviewing Techniques/Putting 4-H on your Resume** - Mary Wolf and Amanda Maes, Hiring and Training Coordinators

Intended Audience: Youth Learn how to build rapport, overcome objections and emphasize your 4-H skills to motivate the interviewer to hire you.

8. **Movin' On Up** - Kathy Wolfe, Extension Agent 4-H Youth Development

So you're becoming an incredible leader through your 4-H experiences. Now is the time to take your experience, knowledge and commitment to your community. In this workshop, you'll learn how to become involved with a non-profit organization and serve effectively on a board, and you'll be serving more effectively in 4-H as well.

9. **The Key to a Stronger Club** - Devin Iseneker

Intended Audience: Youth Do you want to make your club more effective and efficient? Would you like the members in your club to work together better? Come to this workshop for teen leaders to find out how you can help your club! **Limit: 30**

10. **Tour of Vet Teaching Hospital** - Student Tour Guides

Intended Audience: Anyone over 14 Interested in becoming a Vet? Come see the Vet Teaching Hospital (VTH) **Limit: 20**

1:00 - 3:00 p. m. WORKSHOPS

11. **College in Colorado: Free Comprehensive Tool to Help Plan, Apply and Pay for Higher Education** – Shelby Burnette, Director of Educator Outreach

College In Colorado is an initiative of the state of Colorado to help change expectations about higher education for Colorado families and students. The cornerstone of the campaign is the Website, www.CollegeInColorado.org. At this workshop you will learn about the free tools provided to students, parents and counselors on our Website including:

- Comprehensive financial aid information
- Career planning through Choices Explorer and Choices Planner
- ACT/SAT practice tests
- Virtual tours of college in Colorado and nationwide
- Scholarship search engines
- Applications for the College Opportunity Fund stipend and the CollegeInvest Early Achievers Scholarship

Join us to learn how to better support your students aspirations for post-secondary success.

12. **Colorado Water Quality Workshop** - Troy Bauder; Robert Pearson; Matt Neibaer - Research Associates, Extension Specialists in Water Resources, Water Quality

This workshop will introduce students to basic concepts of ground and surface water quality through a series of 'hands-on' field and laboratory exercises. Participants will sample and analyze surface and groundwater and utilize groundwater models to understand groundwater flow and potential sources of contamination. **Limit: 12**

13. **CSU Experience** - Sue Hendrickson

Intended Audience: Youth Did you know... Did you know... NO! Well, come found out interesting and useful information about the CSU Admission process, CSU student life and experience some of what CSU has to offer!

14. **Enhancing Speech Communication** - Laurie Stewart

Intended Audience: Youth Laurie will show you how to present a 5-7 minute impromptu speech which will capture the attention of even the toughest audiences, while showing you ways to handle fear and develop a strong stage presence.

15. **Grunts, buckles, betties, pandowies, crumbles, slumps, & clafoutis - animal noises or dance steps?** - Nadine Henry, 4-H Agent

Come learn that they are neither, but relatives of a fruit pie. You'll get to make and sample!

Limit: 30

16. **Interviewing Techniques/Putting 4-H on your Resume** - Mary Wolf and Amanda Maes, Hiring and Training Coordinators

Intended Audience: Youth Learn how to build rapport, overcome objections and emphasize your 4-H skills to motivate the interviewer to hire you.

17. **Join Us In P.L.A.Y. (Personality, Leadership, Attitude, and Youth)** - Steve Cramer and Bob Salzer

Learn to share your personality strengths in performing leadership roles through games and activities. Do personality awareness, and learn to apply your unique Personality, with Leadership skills, positive Attitude and Youthful enthusiasm in "P.L.A.Y." to reach group goals.

18. **Measuring Changes in Brain Maturation and Function in Adolescents** - William Gavin, Ph. D. and Patricia Davies, Ph. D., OTR

This workshop will inform participants of how brain maturation is studied in children and adolescents. Emphasis will be given to our work that provides evidence for the continued

development of cognitive abilities throughout adolescence. This evidence is obtained by measuring the electrical activity of brains while performing simple decision making tasks.

19. **Office of International Programs** - Shauna DeLuca and Karen Gardenier

Learn about travel, study abroad, and working with International Students.

20. **State 4-H Officer Workshop** - 2007-08 State Officer Team

This workshop is **mandatory** for all new District Presidents and candidates running for state president and vice president. Come and learn all about the roles and responsibilities of the State 4-H Officer Team. **Limited to District Presidents and President and Vice President Candidates**

21. **This Amazing World** - Courtney Loflin - State Coordinator, International 4-H programs & Erin Doherty, 2007 IFYE

Learn about new countries 4-H is exchanging with and watch adventures of an IFYE to Austria and Greece.